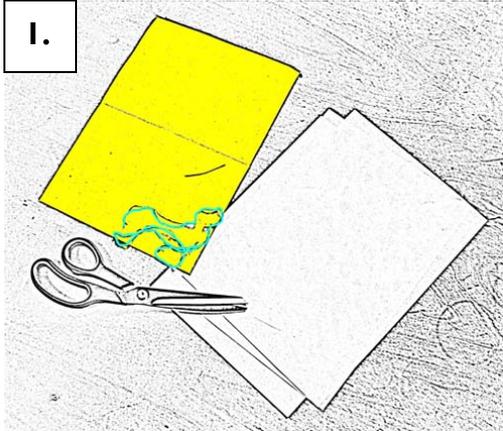


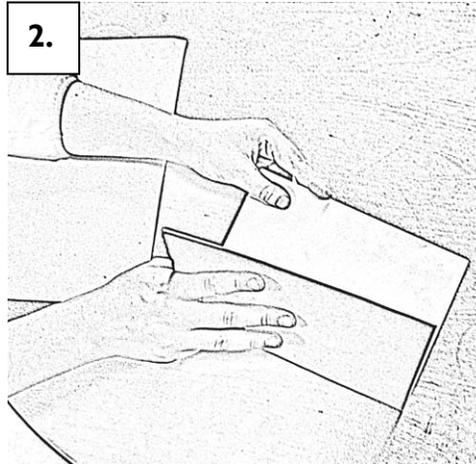
How to build a book



1.

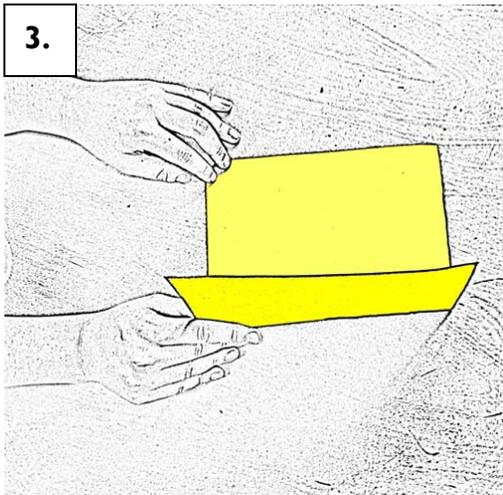
1. You will need:

- Scissors
- Coloured card or stiff paper for the cover
- Plain paper for the pages
- A needle and some thread to sew the pages and the cover together.



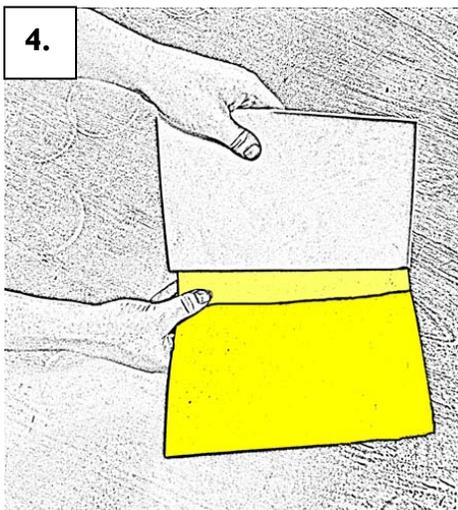
2.

2. First take the plain paper for the pages. Make sure the edges of all the pages match up together. Then fold it in half.



3.

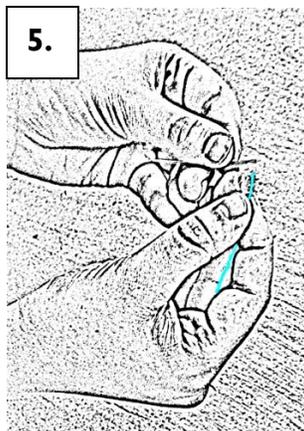
3. Next fold the piece of card or stiff paper for the cover in half.



4.

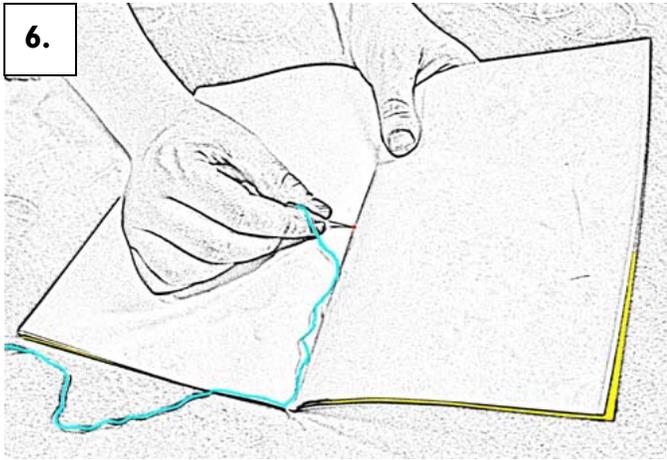
4. After that put the pages inside the cover with the folds together.

Now you have a basic book but it will fall apart easily. So you need to fasten the pages and the cover together. Sewing is a good way of doing this because it looks neat, it allows the book to open and shut easily, and it is quite strong and secure.

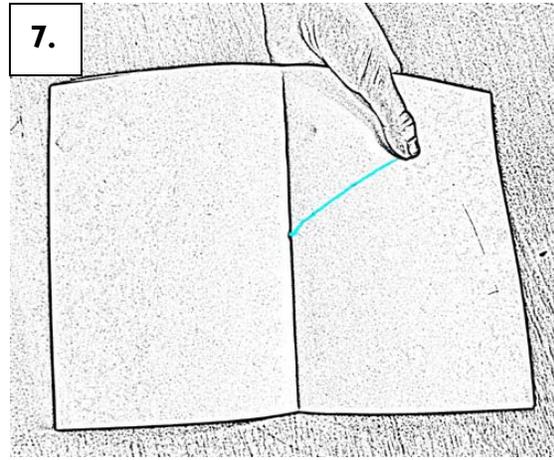


5.

5. Put the thread through the hole in the needle.

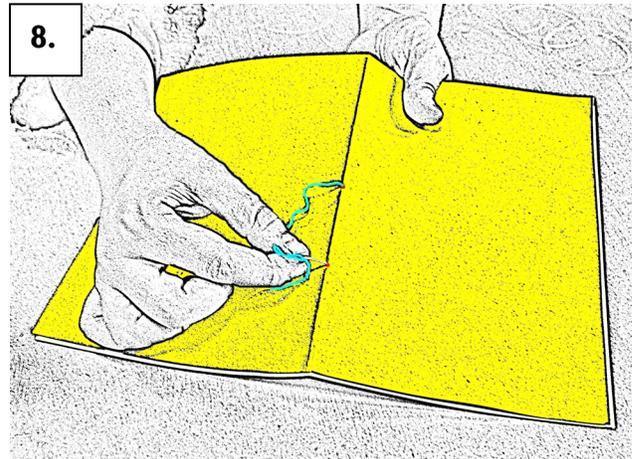


6. Start by putting the needle through the middle of the fold on the inside of the book.

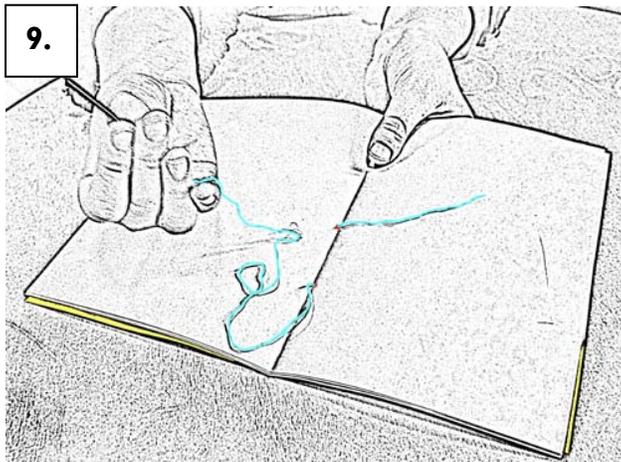


7. Pull the thread through to the other side. Leave quite a long bit of thread behind. This will be tied to the other end of the thread when you have finished in order to stop the sewing from coming undone.

8. Next turn the book over. Put the needle through the fold half way between the hole in the middle and the bottom edge of the book.



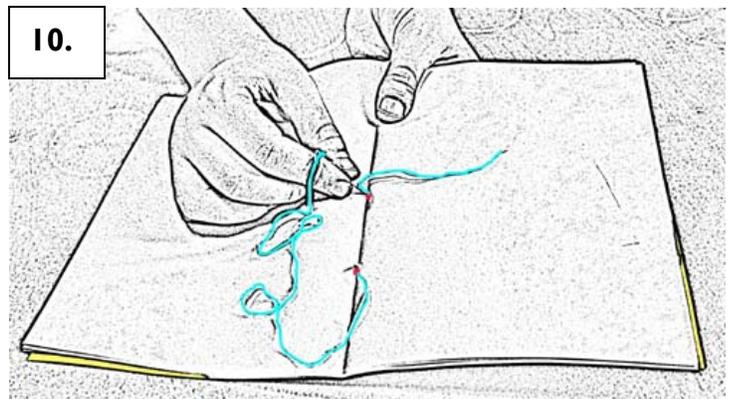
8.



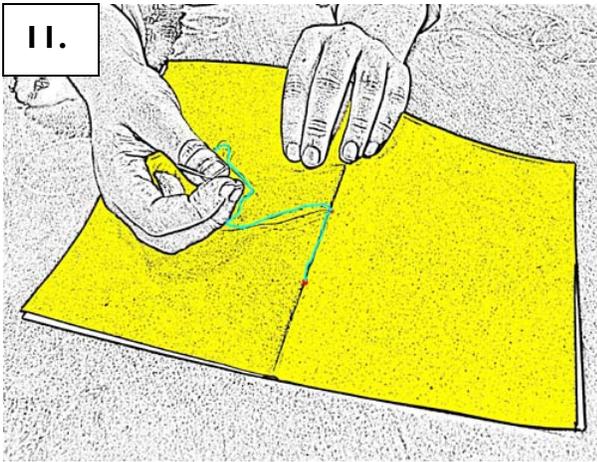
9.

9. Then pull the thread through to the inside of the book.

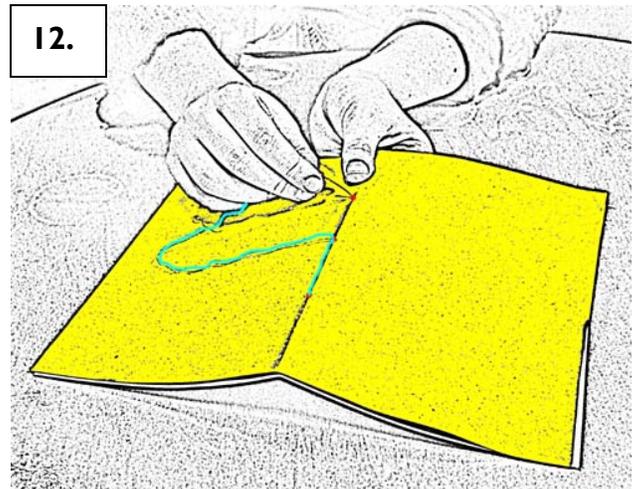
10. After that put the needle back through the hole in the middle.



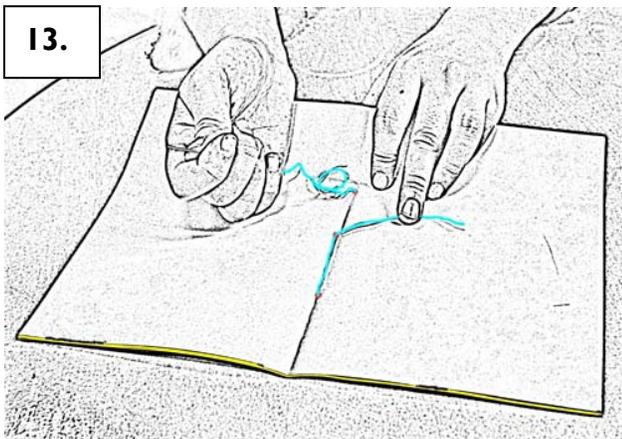
10.



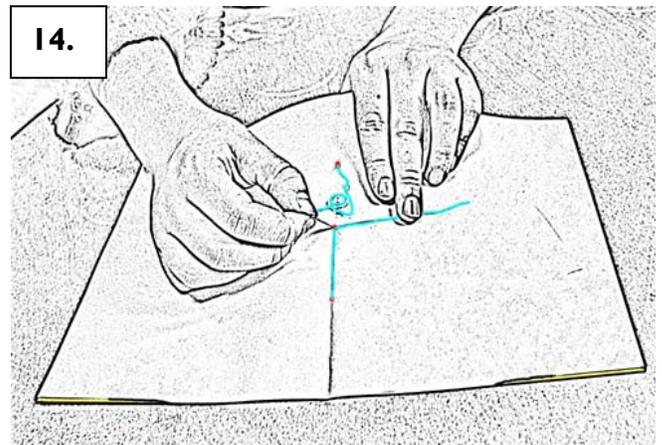
11. Pull the thread through to the outside.



12. Then put the needle through the fold half way between the hole in the middle and the top of the book.

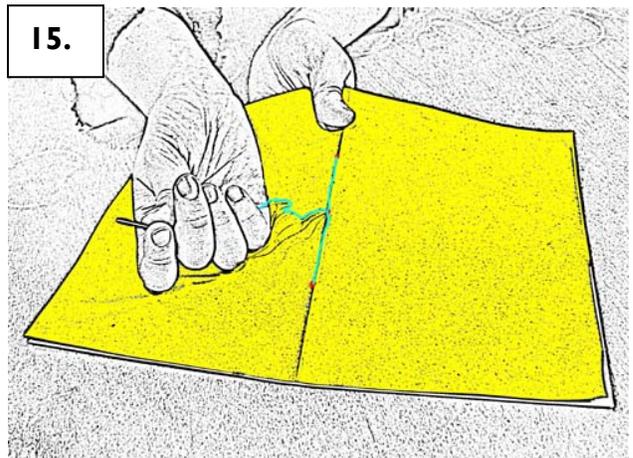


13. Pull the thread through to the inside.

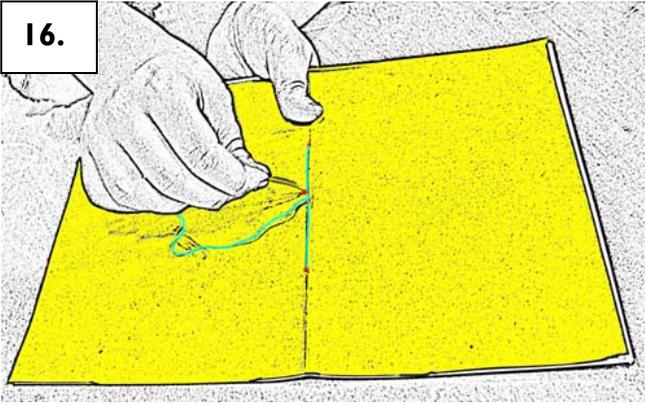


14. Then go back through the hole in the middle.

15. Pull the thread through to the outside.



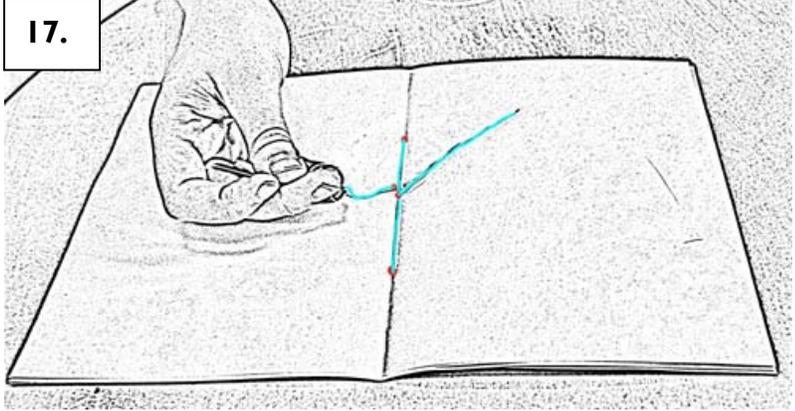
16.



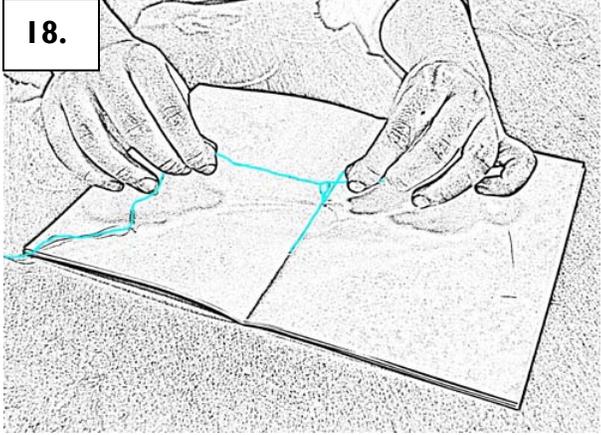
16. Make another hole with the needle just next to the middle hole. Don't go through the middle hole because it will undo the stitch that you have just done.

17. Pull the thread through to the inside.

17.



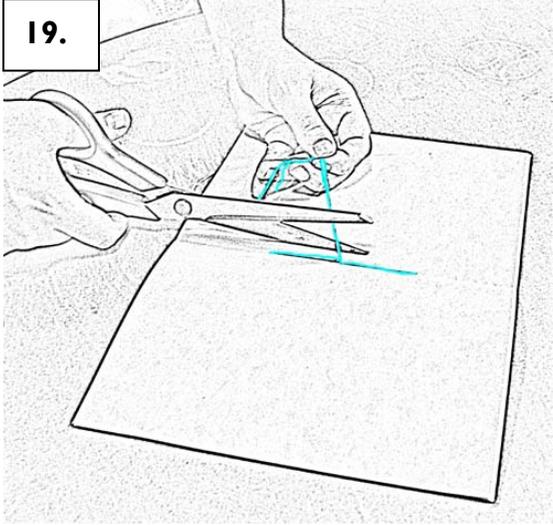
18.



18. Now that you have finished sewing take the needle off the thread.

Then use the two ends of the thread to tie a knot. Tie another knot to secure the sewing.

19.



19. Finally cut the loose ends of the thread to make it look tidy.

Now you can decorate the cover if you want to.

